

# Scramblers Menu - Nutritional Information

## Per Serving

	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat(g)	Chol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Lemon Raspberry Pancakes	900	66	22	0	254	2686	94	25	29	41
Breakfast Quesadilla	1165	77	27	0	710	2142	63	3	5	62
Nashville Hot Cauliflower Croissant	546	17	6	0	472	1579	67	1	28	38
Bacon Raspberry Grilled Cheese	668	33	17	0	140	1186	66	3	16	51
Sweet-Green City Limits	208	0	0	0	0	69	77	2	69	2

**\*Disclaimer: All nutritional information is based off of approximations based on average serving sizes and average accepted values for constituent ingredients.**

**The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending on daily calorie consumption.**