

## Scramblers Menu - Nutritional Information

### Per Serving

	Calories	Total Fat (g)	Sat Fat (g)	Trans Fat(g)	Chol (mg)	Sodium (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Protein (g)
Chili & Cheese Omelette	900	65	32	0	1060	1297	15	3	4	52
Pumpkin Stuffed French Toast	1348	69	33	2	863	1354	140	5	55	39
Game Day Breakfast Skillet	943	55	22	0	889	1662	62	8	6	43
Bacon Avocado Benny	967	72	36	0	475	1179	49	6	12	32
Bacon Praline Pancakes	1711	135	47	0	294	3556	88	12	20	34
Grilled Pimento Cheese & Chicken Sandwich	837	52	20	0	155	1912	58	2	9	54

**\*Disclaimer: All nutritional information is based off of approximations based on average serving sizes and average accepted values for constituent ingredients.**

**The Dietary Guidelines for Americans recommend limiting saturated fat to 20 grams and sodium to 2,300 milligrams for a typical adult eating 2,000 calories daily. Recommended limits may be higher or lower depending on daily calorie consumption.**